

Pre LEEP Handout

You and your doctor have decided to have a LEEP procedure done. LEEP stands for loop electrical excision procedure. We use a thin wire through which electric current passes to remove the abnormal tissue and surrounding area. The specimen is examined in the lab. A local anesthetic is used. You cannot have a LEEP if you are pregnant or if your cervix is extremely inflamed. If you take antibiotics prior to dental work because of a heart murmur, you will also need them for this procedure.

- You should not have your menses.
- You are permitted to drive after the procedure, however, you may want to have someone accompany you.
- You should not bring any children with you.
- You should eat your regular meal before coming.
- If you have a vacation planned, please discuss this with your physician.

Post LEEP Instructions

- For four (4) weeks after procedure:
 - No vaginal intercourse
 - No tampons inserted
 - No tub baths (shower only)
- No strenuous activity for four (4) weeks. This includes lifting greater than 20 lbs., high-impact aerobics, anything that requires that you hold your breath and bear down.
- Follow-up appointment or phone calls for discussion of results of biopsies.
- Report any vaginal bleeding which is not your regular menstrual cycle.