

INSTRUCTIONS AFTER CRYOCAUTERY

What is Cryocautery?

Cryocautery is the freezing of the cells of the cervix so that the abnormal ones fall off and new, healthy cells grow back in.

Why do you need Cryocautery?

Your Pap smear came back with changes that, if left untreated, may in time turn into cancer. You do not, in fact, have cancer now.

What does the treatment consist of?

The treatment is a freezing for three minutes; waiting for five minutes, then refreezing again for three minutes. You may expect a sensation of cramping during the treatment, and this disappears when the treatment is over.

What should you do or not do?

Because of the freezing, there are special things you should and should not do:

1. No intercourse for two weeks.
2. Nothing in the vagina for two weeks, such as tampons, creams, douches, or diaphragms. **NOTHING IN YOUR VAGINA FOR TWO WEEKS.**
3. Wear a pad for discharge for the first two weeks.
4. After the two weeks are up, if spotting should occur with intercourse, this is normal.
5. Persistent bleeding should be reported to this office.

Is one Cryocautery all you will need?

Cryocautery treatment works in 90% of women treated. Should it not work the first time, it will be repeated.

How do you know if it works?

The Pap smear will be repeated approximately three to four months after treatment.